

# Elementary Lunch Meal

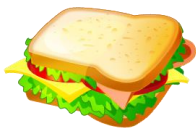
## Five Items

**1. Protein** **2. Bread** **3. Fruit** **4. Vegetable** **5. Milk**

You may take all five items, but must take at least three items, with one of the three items being a fruit or vegetable to count as a lunch. Entrée's usually count as two items (Protein, Bread).

If you do not have a fruit or vegetable it is not a meal and you will be charged ala carte, which can cost more than the full meal price and be less nutritious!

## Choose One Entrée (**Protein, Bread**)



## Choose up to Three (Choose 1 fruit & up to 2 vegetables)



## Choose One (1% white, skim white & non-fat chocolate milk)

